



# Physical activity and Lifestyle during lifespan: Italian policy and interventions

Seminar in honors of visiting students and professors  
from the College of Health and Human Performance, East Carolina University



## Wednesday 27th May 2015

- 9:00 am      Opening of the seminar: Institutional speeches
- Prof. Sebastiano Miscia, MD, Head of School of Medicine and Health sciences, G. d'Annunzio University
- Prof. Angela Di Baldassarre, MD, Director of undergraduate study in Sport and exercise sciences, Department of Medicine and Health Sciences, G. d'Annunzio University
- Prof. Patrizia Di Iorio, MD, Director of Graduate study in Preventive and Adapted Physical activity, Department of Clinical Sciences, G. d'Annunzio University
- 9:10 am      Introduction of the seminar
- Prof. Maurizio Bertollo, PhD, Department of Medicine and Aging Sciences, G. d'Annunzio University
- 9:20 am      Presentation of the College of Health and Human Performance, University of East Carolina
- Prof. Boni Boswell
- 9:30 am      Physical activity and lifestyle in Italian children: how to cope with diabetes and other metabolic syndromes
- Prof. Franco Chiarelli, MD, PhD, chair of Department of Medicine and Aging Sciences, G. d'Annunzio University
- 10:00 am     Motivation and emotion in school physical education and youth sport
- Prof. Claudio Robazza, PhD, Department of Medicine and Aging Sciences, G. d'Annunzio University
- 10:30 am     Prevention in sport medicine
- Nutrition and Physical activity: two ingredients for a healthy lifestyle
- Prof. Patrizio Ripari, MD, Department of Clinical Sciences, G. d'Annunzio University
- 11:00 am     Coffee break
- 11:30 am     Movement pattern during lifespan: comparison among children, adults and elderly people
- Dr. Di Blasio, PhD, Department of Medicine and Aging Sciences, G. d'Annunzio University
- 12:00 am     Active Aging: Mitochondria association to Ca<sup>2+</sup> Release Units is controlled by age and muscle activity.
- Prof. Feliciano Protasi, PhD, Department of Neuroscience, Imaging and Clinical Sciences, G. d'Annunzio University
- 12:30 am     Social neuroscience: the neural fingerprints of motor interactions.
- Prof. Silvia Comani, PhD, BIND-Behavioral Imaging and Neural Dynamics Center, Department of Neuroscience, Imaging and Clinical Sciences, G. d'Annunzio University